

## The Power of Seeing Clearly

*"Then you will know the truth, and the truth will set you free." -- John 8:32 (NIV)*

There comes a time when God removes the veil from our eyes--not to hurt us, but to heal us.

When you start to see the people and patterns that once hurt you with clarity, it can shake you. The people you defended. The dysfunction you normalized. The pain you buried. Suddenly, it's all in front of you, and the truth feels heavy.

But that truth? It's also holy. Because truth is where healing begins. Jesus didn't come to cover up wounds--He came to expose them so He could restore what was broken.

You may feel distant from people you once sat with. You may find yourself stepping out of rooms that no longer carry peace. You may even be accused of being "too sensitive," "bitter," or "different." But you are not bitter. You are healing. And healing requires truth.

Forgiveness doesn't mean pretending. It means choosing freedom over bondage. It means saying, "I see it. I name it. But I won't be held by it anymore."

Today, God is calling you to see clearly--not through pain, but through purpose. To speak up. To set boundaries. To walk in wisdom. And most of all, to walk free.

Prayer:

Lord, thank You for opening my eyes.

Thank You for showing me what I once couldn't see.

Help me to walk in truth--not bitterness, not fear, but freedom.

Heal every broken place and guide me with Your wisdom.

Let my story be one that helps others find healing too.

In Jesus' name, amen.